

April, 2019

# Suburban Scribe

Newsletter of the Sacramento Suburban Writers Club

[sactowriters.org](http://sactowriters.org)

## Andrea Roth, aka Andrea (A. K.) Buckroth, will speak on Promoting Your Book Through Marketing and Advertising on Monday, April 8.

Promoting through Marketing and Advertising is necessary and a useable talent. Andrea will explain the slight differences in meaning and usage between the two, but they are relatable.

“How do I sell my book(s)?” is a constant question. This will be addressed with the comeback of “who, what, when, where, how and how much.”

Whether an author is traditionally published or self-published, promoting is essential.

Diagnosed with diabetes at the age of two and living with it for multiple decades while managing its trials, A. K. Buckroth speaks and writes from the heart about her personal experiences and challenges with T1D (Type One Diabetes).

Graduating with three business degrees and another in California State Law, Buckroth’s writing skills were continually encouraged, reviewed and sharpened through time. Hands-on knowledge of a diabetic routine and strategic planning has allowed this author to become an empowering advocate of living your life to the fullest with – or without – this disease. *My*



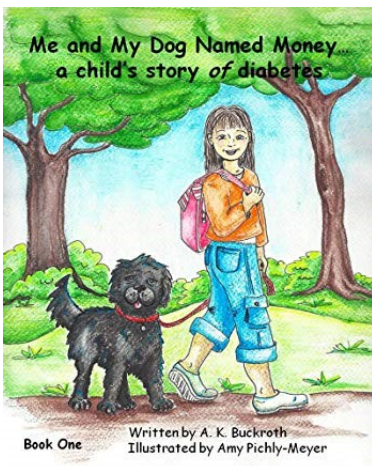
*Diabetic Soul – An Autobiography, Revised Edition* has become a banner and a multiple-award winner.

Buckroth’s third, fourth and fifth books are referred to as young adult fiction. *Me & My Dog Named Money...* is a child’s story of diabetes Book One. *Me & My Money Too, Book Two*, and *Kisses for Cash...T1D meets T2D*, another award winner, address the *pandemic* issues of diabetes among the very young, older people, and animals – yes, animals.

Charming picture and chapter books, this three-book series has been illustrated by the author as well as artist Amy Pichly-Meyer of Reno, Nevada.

The books are available through Amazon.com, Amazon.com Kindle Store, Barnes & Noble Nook Store, Audible.com, and libraries across the United States.

Published © 2010, 2012, 2014, 2016 and 2018 by an Indie Publisher, CreateSpace and Kindle Direct Publishing.



### 15-Minute Workshop

April 8 — Robert Greeley will explain the poetry system of Haiku  
May — Banquet  
June — Open— You ???

### Future meeting dates:

Monday, April 8  
Monday, May 13 Banquet  
Monday, June 10

Meetings 7—9 p.m. 5501 Dewey Drive, Fair Oaks

[sactowriters.org](http://sactowriters.org)

## SCHOLARSHIP

Do you wonder if SSWC helps people? Do you wonder if our Scholarship money actually goes where it should?

Well, here's proof that it does. This letter was recently sent by the parents of Isabelle Senechal, who won our club's scholarship several years ago:



Hello, I thought you might like to give your members a follow up on a former scholarship recipient. Our daughter Isabelle Senechal won the Suburban Writers Club college scholarship back about four years ago. I would like to thank you all again as I believe it was a launch point in her confidence to pursue excellence in her higher education journey.

She will be graduating with honors this spring and has secured a post graduate fellowship with American Media. [https://www.americamagazine.org/community/2019/01/25/america-media-announces-2019-2020-ohare-fellows?fbclid=IwAR37all6vtPkuWmV7BDLxug2wUTW\\_9LsdTW-rzolPByhqT7QeBgQch-4bL8](https://www.americamagazine.org/community/2019/01/25/america-media-announces-2019-2020-ohare-fellows?fbclid=IwAR37all6vtPkuWmV7BDLxug2wUTW_9LsdTW-rzolPByhqT7QeBgQch-4bL8)

Click on the link to see the press release. Isabelle started college at Creighton University in Omaha and never looked back. She continues to amaze us and make us very proud parents.

Thanks again for being an influence at the start of her journey.

Sincerely,

Tim and Ciel Senechal

## Advanced Writing Techniques Session (AWTS) Mike Brandt

AWT group meets at 6:00 pm, one hour before our regular monthly meeting, at the Crossroads Christian Church. Learn how to be innovative while cultivating your skill-set to create a book the readers will love.

**March Prompt was:** Dramatize a crime scene investigation in one paragraph. (We had some very interesting paragraphs read.)

**April Prompt is:** Rewrite the March scene, expanding it to three paragraphs, working in the detective's/character's knowledge of similar crimes.

In the event you missed our March session, simply write a dramatic crime scene investigation in one paragraph then expand it to three paragraphs.

Each participant will have an opportunity to read his or her work. (You may even want to submit a version to the newsletter. — editor's note)

Please respect fellow writer's time and arrive by 6:00 PM.

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## Every writer I know has trouble writing.

Joseph Heller

(Author of *Catch 22*  
and many other books)

## COPY AND DEADLINES

Submit original written material such as: poems, letters, book excerpts, articles, book reviews, humor, web sites to visit, general information, fun stuff to share — almost anything. Also, share info about other meetings, contests, books, book signings, classes, etc.

Please keep the submission relatively short, otherwise it will have to be serialized. Also, please submit electronically. There is no pay but byline credit is given — and that looks good to agents and publishers. This is a benefit of being a member of SSWC.

Contact Mary Lou Anderson (916) 459-0888 [mledsonanderson@yahoo.com](mailto:mledsonanderson@yahoo.com)

Deadline is about two (2) weeks prior to the meeting date.

## A New Star

Karen Sepahmansour



Time is flowing like rapids  
In a river passing by,  
But the babies that are coming  
Will always catch my eye.

The older I get, I will never forget  
Their smiles and pictures in every room.  
Each moment disappears so soon.

I love to read to them and set them on my knee  
And wonder what their future will be,  
Full of hopes and dreams for you.  
Yes, you'll taste grandpa's soup too.

No way did I think that this time would come  
That is full of laughter and so much fun.  
We grandparents treasure our bonds so dear,  
Precious you are every single year.

We will chase the stars that shine  
You know that we're the grapes that fall off the vine  
The years grow shorter and so soon we will pass  
But your memories of our love will always last.




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**I love being a writer, what I can't  
stand is the paper work.**

Peter DeVries  
(American editor  
and novelist known  
for his satiric wit )

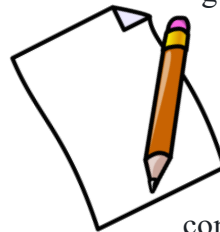
## Critique Groups

Brittany Lord

Two critique groups are seeking new members.

The nonfiction group is looking for new, active nonfiction writers eager to get their work critiqued. If you write history, memoir, or anything else nonfiction, this group is looking to recruit you.

Also seeking members is the Young Adult and Children's critique group. All genres fiction and nonfiction are welcome so long as they are aimed to a younger audience.



If you have an interest in either group, please contact Brittany at the meetings or via email at [Tealya@hotmail.com](mailto:Tealya@hotmail.com). Remember, when you finish writing that perfect manuscript, a critique group is the

## Great Website to Check Out

Mort Rumberg

(Source: Writers-Editors Network eZine, © CNW Publishing).

10 Grammar Mistakes that Can Keep Your Content from Spreading (or your book from receiving good reviews, or your queries/articles/press releases from being approved)

<https://www.copyblogger.com/common-grammar-mistakes/>



## Cake or Death

Brittany Lord

This was it. The point of no return.

The two ninja warriors sat on opposite sides of the table. Negotiations had broken down. There was no way out of this. War was the only solution. A battle to the death. Winner take all. The loser would be left humiliated in the dirt for everyone to see.

This wasn't how either wanted this to go. They were brothers, after all. It wasn't right for brothers to fight, but neither would back down.



Their brown eyes locked. No words needed to be said. Each knew how the other thought. They had been brothers all their lives. They shared everything, from a birthday to the same little spray of freckles.

But this was too much. There was no sharing this.

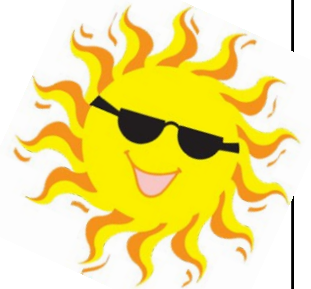
“Oh for god’s sakes, boys. Just cut the last piece of cake in half,” Mom exclaimed as she brought over a knife. She cut the cake in half and dumped the new half on a paper plate. Then she shoved a piece at each of them. “You’re ten now. You’re too old for this.”

The boys exchanged a look. The war had been averted.

For now.

## Meet the Board

Jeannie Turner



What is a Sunshine chairman? What does a Sunshine chairman do? Who is our Sunshine Chairman?

Nan Roark, our current Sunshine Chairman has been a loyal member of Sacramento Suburban Writers’ Club for the past decade. At the direction of the Executive Board, the Sunshine Chairperson sends cards to members as needed, i.e., get-well, sympathy, congratulatory, etc.

Nan is a product of the “rust belt” where she was born and raised. There she married and started a family, surrounded and influenced by the auto industry in the metro Detroit area. When the auto industry started to decline, she moved to San Jose, California. Her family grew and so did her opportunities. Attending San Jose City College, she majored in Graphic Design and worked in the photo lab there. After a move to the Sacramento area, Nan worked for 18 years in the Medical Insurance Industry.

Retired, Nan is involved in charity work—designing and producing photo directories, monthly newsletters, flyers, bulletins, and PowerPoint presentations. Focusing on general audiences, she writes family pieces, historical-based fiction, non-fiction, and light humor-based short articles. She is recently working on short stories centered on her experiences

Our Sunshine Chairman is vital to SSWC’s morale.

If you know of a club member who should receive a card from the club, please let Nan Roark know.

## Join the Club!

SSWC supports local writers and encourages everyone to write and publish. Attending meetings is free, but membership brings benefits, such as publication in the newsletter and anthology, use of our club's library, qualification for grants to attend conferences (limits apply), and ability to join our first-class critique groups.

MEMBERSHIP is paid on a yearly basis. If joining after April, dues are prorated by quarter (unless you are just really late in maintaining your membership!).

\_\_\_\_\_ Individual \$40.00/year

\_\_\_\_\_ Couple \$55.00/year

\_\_\_\_\_ Full-Time Student \$30/year

\_\_\_\_\_ Platinum Senior (70+) \$30.00/year

More information is on our website: [sactowriters.org](http://sactowriters.org)

Name: \_\_\_\_\_ Genres: \_\_\_\_\_

Published? Y / N (yes, includes self-published) Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

Website/other info/address (optional): \_\_\_\_\_

## OFFICERS

### Elected Officers:

|                |                   |
|----------------|-------------------|
| President      | Ron Smith         |
| Vice President | Brittany Lord     |
| Secretary      | <b>Y O U ????</b> |
| Treasurer      | Julia Beyers      |

### Chairs:

|                     |                   |
|---------------------|-------------------|
| <b>Achievements</b> | <b>Y O U ????</b> |
| Coffee/Treats       | Al Gilding        |
| Conferences         | John Powell       |
| Critique Grps       | Brittany Lord     |
| Historian           | Pat Biasotti      |
| Librarian           | Ron Smith         |
| Membership          | Jeannie Turner    |
| Newsletter          | Mary Lou Anderson |
| <b>Nominations</b>  | <b>Y O U ????</b> |
| Prgm/Speakers       | Cathy McGreevy    |
| Publicity           | Paul Turner       |
| <b>Raffle</b>       | <b>Y O U ????</b> |
| Sunshine            | Nan Roark         |
| Website             | Wes Turner        |
| Workshops           | Paul Turner       |

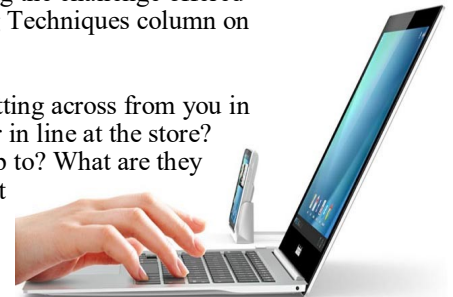


## Motivation Prompt

In addition to tackling the challenge offered in the Advanced Writing Techniques column on page 2, try this one:

Who is that person sitting across from you in the coffee shop, diner, or in line at the store?

What are they really up to? What are they planning on doing? What nefarious deed is next on his or her agenda?



## MEETING INFORMATION

2nd Monday of every month

**7:00 - 9:00 PM**

**Next meeting:**

**Monday, April 8**

*All* writers are encouraged to attend. Membership is not mandatory but brings privileges.

**5501 Dewey Drive, Fair Oaks  
Crossroads Christian Church  
Fellowship meeting room  
Just north of the Madison and Dewey intersection.**

**Lots of free parking!**